Screen Time at an All-Time High, Ninth Week into Quarantine

Now that we’re all stuck at home, it seems like we’re turning to our screens for everything – school, work, social time, exercise, entertainment.

You name it, there’s a virtual version of it. As a result, we are seeing a spike in screen time as we enter our 9th week of quarantine. Most of the members of this family reported that besides work and school they use their screens mostly to keep in touch with friends through messaging or video calls.

The data tells us that most people have increased their screen time, Continued on page 2...

FOOD

Family Goes Bananas for Twist on Old Favorite

Everyone loves Grandma’s classic banana bread recipe. But the kids got crazy in the kitchen - wait ‘til you try it for yourself. The results were smashing! Even Grandma approved.

INGREDIENTS

2 cups flour
1 teaspoon baking soda
% teaspoon salt
% teaspoon cinnamon
% cup butter
% cup dark brown sugar
2 eggs
% cup yogurt
2 cups bananas
1 teaspoon vanilla extract
% cups chopped pecans

The Twist!

% cup coconut cream
% cups chocolate chips
% cup coconut flakes
% cup maple syrup

DIRECTIONS

1. Mix dry ingredients together in a bowl
2. Cream the butter and sugar
3. Add in the rest of the wet ingredients to the butter and sugar
4. Fold in the dry ingredients, then the yummy bits

SPORTS

Sidewalk Chalk Olympics to be Held this Summer

With all sports cancelled, the members of this family will be holding the Sidewalk Chalk Olympics. New sports include Extreme Hopscotch, Four Square, Cont’d page 2...

NATURE

The Neighborhood becomes Wild

Billie started looking out the window for a few minutes each day to give her eyes a break. That’s when she noticed all of the wildlife in her neighborhood. Cont’d page 2...

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Main Story Ideas

What’s the breaking story in your home? There’s lots of data you could collect around the house amongst the members of your family. Data and graphs can help tell a story. You can also pair this with interviews or observational reporting.

Examples of data you could collect or stories you could tell:
- The rate of toilet paper use
- Time spent on different activities (chores, school, leisure, etc.)
- Favorite and least favorite meals
- Time spent exercising each day
- Trends over time
- Counting things

There are many creative ways to display data. Why might one type of graph make more sense for the data than another?

Examples of graphs you could use:
- Bar graph (or double bar graph)
- Line graph
- Pie chart
- Pictograph
- Line plot

Other Fun Things to Include

Examples of other features you could add to your family’s newspaper:
- Comics
- Photos
- Crossword puzzles
- Number puzzles
- Advice column

Side Story Ideas

Examples of some side stories you could add to your family’s newspaper:
- Recipes (new, favorite, experiments)
- Outdoors reporting
- Physical activities (sports, exercises, games)
- Featured profile or interview
- Tips, tricks, or insights

Get creative! This is your opportunity to tell your family’s story. You can personalize the format, titles, fonts, graphics - anything you can think of!

Newspapers also bring together many disciplines like writing, math, history, science, and culture. It’s a great way to involve all of your brain and interests. Have fun and share it with the rest of your family!